

DATE	PLEINE MER & COEFFICIENT						BASSE MER			
	MATIN	Hauteur	Coef.	SOIR	Hauteur	Coef.	MATIN	Hauteur	SOIR	Hauteur
dim 1	02:29	8.95	51	15:05	9.06	50	09:18	3.91	21:51	3.75
lun 2	03:40	8.96	51	16:15	9.12	52	10:28	3.88	22:58	3.70
mar 3	04:45	9.22	54	17:16	9.35	57	11:35	3.67	23:59	3.49
mer 4	05:41	9.58	59	18:09	9.64	62	12:33	3.36	--:--	---
jeu 5	06:27	9.93	65	18:54	9.90	67	00:51	3.24	13:21	3.07
ven 6	07:07	10.2	69	19:33	10.1	71	01:35	3.02	14:02	2.85
sam 7	07:43	10.39	73	20:09	10.23	74	02:14	2.86	14:40	2.70
dim 8	08:17	10.5	74	20:43	10.29	74	02:50	2.76	15:15	2.63
lun 9	08:51	10.52	74	21:16	10.25	74	03:23	2.74	15:47	2.63
mar 10	09:23	10.45	73	21:48	10.12	71	03:54	2.77	16:18	2.71
mer 11	09:55	10.29	69	22:20	9.92	67	04:25	2.87	16:50	2.87
jeu 12	10:26	10.06	65	22:52	9.66	62	04:57	3.04	17:22	3.09
ven 13	11:00	9.76	59	23:28	9.36	56	05:31	3.28	17:56	3.36
sam 14	11:39	9.41	53	--:--	---	---	06:08	3.57	18:35	3.65
dim 15	00:11	9.06	50	12:29	9.07	47	06:53	3.87	19:24	3.93
lun 16	01:06	8.81	45	13:33	8.82	44	07:52	4.11	20:28	4.10
mar 17	02:17	8.74	44	14:51	8.81	46	09:06	4.15	21:47	4.04
mer 18	03:37	8.97	49	16:12	9.15	54	10:29	3.86	23:09	3.65
jeu 19	04:53	9.52	59	17:25	9.73	66	11:46	3.26	--:--	---
ven 20	05:57	10.23	72	18:29	10.41	79	00:20	3.04	12:52	2.55
sam 21	06:55	10.93	85	19:26	11.01	91	01:22	2.42	13:53	1.87
dim 22	07:47	11.52	96	20:18	11.45	100	02:19	1.89	14:50	1.34
lun 23	08:37	11.9	103	21:06	11.66	105	03:12	1.52	15:43	0.99
mar 24	09:23	12.02	105	21:50	11.62	103	04:02	1.34	16:31	0.90
mer 25	10:06	11.87	101	22:31	11.32	97	04:47	1.40	17:15	1.10
jeu 26	10:47	11.45	91	23:10	10.81	85	05:27	1.70	17:54	1.57
ven 27	11:27	10.82	78	23:49	10.16	71	06:05	2.21	18:31	2.25
sam 28	--:--	---	---	12:09	10.04	64	06:41	2.86	19:07	2.99
dim 29	00:32	9.46	57	12:58	9.24	50	07:22	3.54	19:50	3.70
lun 30	01:26	8.80	45	14:05	8.55	40	08:15	4.15	20:46	4.26
mar 31	02:43	8.36	38	15:34	8.25	38	09:30	4.51	22:03	4.49

DATE	PLEINE MER & COEFFICIENT						BASSE MER			
	MATIN	Hauteur	Coef.	SOIR	Hauteur	Coef.	MATIN	Hauteur	SOIR	Hauteur
mer 1	04:12	8.40	40	16:55	8.46	43	11:00	4.41	23:28	4.28
jeu 2	05:23	8.82	47	17:56	8.94	52	--:--	---	12:13	3.95
ven 3	06:14	9.36	56	18:43	9.46	61	00:33	3.81	13:06	3.42
sam 4	06:55	9.85	65	19:21	9.91	69	01:21	3.32	13:49	2.96
dim 5	07:30	10.26	72	19:55	10.27	75	02:02	2.91	14:27	2.60
lun 6	08:04	10.58	78	20:28	10.52	80	02:38	2.59	15:03	2.34
mar 7	08:36	10.8	81	20:59	10.66	82	03:11	2.35	15:35	2.16
mer 8	09:07	10.92	82	21:30	10.7	82	03:42	2.19	16:05	2.07
jeu 9	09:37	10.92	81	21:59	10.62	80	04:12	2.13	16:34	2.11
ven 10	10:06	10.76	78	22:28	10.42	75	04:42	2.21	17:03	2.30
sam 11	10:36	10.45	72	22:58	10.09	68	05:11	2.46	17:31	2.64
dim 12	11:08	10.02	63	23:32	9.65	59	05:42	2.85	18:01	3.08
lun 13	11:49	9.50	54	--:--	---	---	06:18	3.33	18:39	3.59
mar 14	00:16	9.16	49	12:43	8.94	45	07:07	3.84	19:37	4.09
mer 15	01:20	8.68	41	14:02	8.51	40	08:19	4.22	21:00	4.37
jeu 16	02:55	8.50	42	15:50	8.59	46	09:53	4.19	22:43	4.11
ven 17	04:39	8.99	52	17:19	9.29	60	11:29	3.55	--:--	---
sam 18	05:51	9.88	69	18:24	10.2	77	00:08	3.34	12:43	2.61
dim 19	06:48	10.83	86	19:19	11.04	93	01:14	2.45	13:44	1.71
lun 20	07:38	11.64	100	20:07	11.67	105	02:11	1.68	14:41	0.99
mar 21	08:24	12.18	109	20:50	12	111	03:03	1.11	15:31	0.54
mer 22	09:06	12.39	112	21:29	12.02	110	03:49	0.81	16:15	0.43
jeu 23	09:45	12.26	107	22:05	11.74	103	04:29	0.82	16:52	0.67
ven 24	10:21	11.8	97	22:39	11.2	90	05:03	1.15	17:25	1.24
sam 25	10:56	11.06	82	23:12	10.45	73	05:34	1.77	17:53	2.04
dim 26	11:31	10.12	65	23:46	9.59	56	06:02	2.57	18:20	2.93
lun 27	12:09	9.09	47	--:--	---	---	06:33	3.44	18:53	3.81
mar 28	00:27	8.70	40	13:05	8.13	33	07:17	4.27	19:44	4.60

DATE	PLEINE MER & COEFFICIENT						BASSE MER			
	MATIN	Hauteur	Coef.	SOIR	Hauteur	Coef.	MATIN	Hauteur	SOIR	Hauteur
mer 1	01:40	7.93	29	14:55	7.59	28	08:31	4.88	21:10	5.05
jeu 2	03:40	7.77	30	16:39	7.86	34	10:27	4.88	23:05	4.79
ven 3	05:05	8.28	40	17:42	8.55	46	11:56	4.24	--:--	---
sam 4	05:56	8.98	52	18:25	9.27	58	00:17	4.07	12:47	3.49
dim 5	06:35	9.66	64	19:00	9.91	69	01:03	3.34	13:29	2.85
lun 6	07:09	10.25	73	19:33	10.42	78	01:43	2.73	14:07	2.33
mar 7	07:42	10.73	81	20:05	10.8	85	02:20	2.25	14:43	1.94
mer 8	08:14	11.08	87	20:36	11.04	89	02:53	1.90	15:15	1.67
jeu 9	08:45	11.29	90	21:06	11.17	90	03:23	1.66	15:45	1.53
ven 10	09:15	11.34	90	21:34	11.15	88	03:53	1.54	16:12	1.55
sam 11	09:44	11.19	86	22:02	10.94	83	04:22	1.62	16:40	1.77
dim 12	10:13	10.84	79	22:32	10.54	74	04:52	1.91	17:07	2.20
lun 13	10:44	10.3	69	23:04	9.96	63	05:21	2.41	17:35	2.80
mar 14	11:23	9.61	57	23:46	9.27	50	05:55	3.04	18:11	3.48
mer 15	--:--	---	---	12:16	8.84	44	06:42	3.72	19:08	4.17
jeu 16	00:50	8.55	39	13:41	8.20	37	07:57	4.25	20:41	4.57
ven 17	02:42	8.21	38	15:53	8.33	43	09:40	4.25	22:35	4.23
sam 18	04:35	8.83	51	17:16	9.23	60	11:22	3.48	--:--	---
dim 19	05:42	9.87	70	18:14	10.26	79	00:00	3.28	12:33	2.42
lun 20	06:34	10.89	88	19:02	11.14	95	01:02	2.27	13:31	1.48
mar 21	07:21	11.7	102	19:46	11.75	106	01:57	1.45	14:24	0.80
mer 22	08:03	12.2	109	20:25	12.05	111	02:45	0.89	15:10	0.44
jeu 23	08:42	12.36	110	21:01	12.05	108	03:27	0.63	15:49	0.43
ven 24	09:18	12.19	105	21:35	11.77	100	04:03	0.70	16:22	0.74
sam 25	09:52	11.69	94	22:07	11.23	87	04:35	1.08	16:51	1.33
dim 26	11:25	10.9	79	23:38	10.47	71	06:02	1.72	18:16	2.13
lun 27	11:57	9.93	63	--:--	---	---	06:28	2.54	18:40	3.02
mar 28	00:07	9.57	54	12:30	8.88	46	06:56	3.43	19:10	3.92
mer 29	00:39	8.64	38	13:17	7.91	31	07:35	4.28	19:56	4.74
jeu 30	01:36	7.78	26	15:12	7.30	24	08:41	4.94	21:21	5.27
ven 31	03:57	7.45	26	17:09	7.58	30	10:43	5.03	23:32	5.00

DATE	PLEINE MER & COEFFICIENT						BASSE MER			
	MATIN	Hauteur	Coef.	SOIR	Hauteur	Coef.	MATIN	Hauteur	SOIR	Hauteur
sam 1	05:30	7.94	36	18:11	8.32	42	--	---	12:21	4.35
dim 2	06:23	8.69	49	18:52	9.11	55	00:44	4.17	13:12	3.53
lun 3	07:02	9.47	62	19:27	9.85	67	01:30	3.33	13:55	2.79
mar 4	07:37	10.17	73	20:01	10.46	78	02:10	2.62	14:35	2.19
mer 5	08:12	10.74	82	20:34	10.92	86	02:49	2.08	15:12	1.76
jeu 6	08:46	11.14	88	21:07	11.23	91	03:25	1.69	15:46	1.47
ven 7	09:19	11.37	92	21:38	11.4	93	03:58	1.43	16:17	1.33
sam 8	09:50	11.44	92	22:08	11.4	91	04:29	1.31	16:47	1.36
dim 9	10:22	11.29	89	22:39	11.17	85	05:01	1.39	17:17	1.62
lun 10	10:55	10.89	81	23:12	10.71	76	05:34	1.71	17:47	2.11
mar 11	11:30	10.27	70	23:50	10.02	63	06:07	2.26	18:20	2.77
mer 12	--	---	---	12:12	9.49	57	06:46	2.94	19:01	3.53
jeu 13	00:38	9.22	50	13:14	8.67	44	07:40	3.64	20:07	4.21
ven 14	01:50	8.50	40	14:49	8.16	39	08:59	4.08	21:42	4.46
sam 15	03:46	8.34	42	16:47	8.50	48	10:37	3.94	23:27	3.98
dim 16	05:20	9.01	56	17:58	9.38	64	--	---	12:08	3.17
lun 17	06:21	9.95	72	18:51	10.29	80	00:43	3.05	13:13	2.26
mar 18	07:11	10.82	87	19:37	11.03	92	01:41	2.17	14:08	1.52
mer 19	07:56	11.46	97	20:19	11.5	100	02:33	1.51	14:58	1.05
jeu 20	08:37	11.8	101	20:56	11.71	102	03:19	1.11	15:40	0.86
ven 21	09:15	11.86	101	21:31	11.68	99	03:59	0.98	16:17	0.93
sam 22	09:51	11.64	95	22:04	11.44	91	04:34	1.10	16:49	1.24
dim 23	10:25	11.18	86	22:37	10.97	80	05:06	1.44	17:18	1.75
lun 24	10:59	10.49	74	23:09	10.29	67	05:34	2.00	17:43	2.43
mar 25	11:33	9.65	60	23:40	9.48	53	06:01	2.70	18:09	3.19
mer 26	--	---	---	12:08	8.77	46	06:30	3.45	18:41	3.96
jeu 27	00:13	8.67	40	12:53	7.98	34	07:08	4.16	19:26	4.65
ven 28	01:06	7.93	29	14:16	7.47	27	08:06	4.71	20:39	5.09
sam 29	02:48	7.55	27	16:05	7.56	29	09:39	4.86	22:28	4.95
dim 30	04:26	7.82	34	17:15	8.14	39	11:18	4.40	23:48	4.26

DATE	PLEINE MER & COEFFICIENT						BASSE MER			
	MATIN	Hauteur	Coef.	SOIR	Hauteur	Coef.	MATIN	Hauteur	SOIR	Hauteur
lun 1	05:28	8.47	45	18:03	8.89	51	--	---	12:19	3.66
mar 2	06:14	9.22	57	18:43	9.63	63	00:41	3.47	13:07	2.95
mer 3	06:55	9.92	68	19:21	10.29	73	01:26	2.78	13:51	2.36
jeu 4	07:35	10.5	78	19:59	10.8	82	02:08	2.23	14:33	1.92
ven 5	08:13	10.92	85	20:35	11.16	88	02:49	1.82	15:11	1.64
sam 6	08:50	11.18	90	21:10	11.37	90	03:28	1.54	15:48	1.49
dim 7	09:27	11.27	90	21:45	11.38	90	04:05	1.41	16:23	1.52
lun 8	10:04	11.14	88	22:21	11.17	85	04:43	1.46	16:59	1.75
mar 9	10:44	10.77	81	23:02	10.72	76	05:22	1.73	17:36	2.19
mer 10	11:28	10.18	71	23:48	10.08	65	06:04	2.19	18:18	2.79
jeu 11	--	---	---	12:20	9.49	60	06:52	2.77	19:10	3.43
ven 12	00:44	9.39	54	13:23	8.87	51	07:51	3.30	20:17	3.91
sam 13	01:56	8.87	48	14:47	8.57	48	09:02	3.57	21:38	3.99
dim 14	03:28	8.81	50	16:18	8.84	54	10:22	3.43	23:01	3.61
lun 15	04:48	9.26	59	17:25	9.44	64	11:37	2.96	--	---
mar 16	05:49	9.89	70	18:19	10.09	74	00:11	2.98	12:41	2.40
mer 17	06:41	10.47	79	19:07	10.61	82	01:09	2.40	13:36	1.96
jeu 18	07:28	10.87	85	19:50	10.94	86	02:01	1.98	14:25	1.71
ven 19	08:11	11.05	87	20:29	11.08	87	02:48	1.75	15:08	1.64
sam 20	08:50	11.04	87	21:05	11.07	85	03:29	1.69	15:45	1.72
dim 21	09:27	10.86	83	21:40	10.91	80	04:06	1.77	16:19	1.93
lun 22	10:04	10.55	77	22:15	10.59	73	04:40	2.00	16:50	2.28
mar 23	10:41	10.09	69	22:49	10.11	65	05:12	2.36	17:19	2.73
mer 24	11:17	9.53	60	23:24	9.52	55	05:42	2.84	17:49	3.26
jeu 25	11:54	8.94	50	23:59	8.93	46	06:13	3.35	18:22	3.79
ven 26	--	---	---	12:35	8.41	41	06:50	3.84	19:04	4.25
sam 27	00:44	8.42	38	13:29	8.04	35	07:38	4.22	20:01	4.57
dim 28	01:48	8.10	34	14:39	7.93	34	08:43	4.40	21:17	4.60
lun 29	03:03	8.09	35	15:54	8.17	38	10:00	4.26	22:35	4.28
mar 30	04:15	8.42	42	16:57	8.68	46	11:12	3.84	23:40	3.73
mer 31	05:14	8.95	51	17:50	9.31	56	--	---	12:10	3.31

DATE	PLEINE MER & COEFFICIENT						BASSE MER			
	MATIN	Hauteur	Coef.	SOIR	Hauteur	Coef.	MATIN	Hauteur	SOIR	Hauteur
jeu 1	06:06	9.54	61	18:37	9.93	66	00:35	3.15	13:02	2.81
ven 2	06:54	10.08	71	19:21	10.47	75	01:25	2.62	13:51	2.38
sam 3	07:40	10.52	79	20:04	10.89	82	02:12	2.18	14:37	2.06
dim 4	08:25	10.83	84	20:46	11.16	86	02:59	1.85	15:21	1.85
lun 5	09:09	10.99	87	21:29	11.26	88	03:45	1.64	16:05	1.78
mar 6	09:55	10.96	87	22:13	11.16	86	04:31	1.57	16:49	1.88
mer 7	10:42	10.75	84	23:00	10.87	81	05:18	1.67	17:35	2.13
jeu 8	11:31	10.37	77	23:50	10.44	73	06:06	1.92	18:23	2.51
ven 9	--	---	---	12:22	9.90	70	06:57	2.28	19:16	2.93
sam 10	00:44	9.96	63	13:19	9.47	63	07:51	2.64	20:13	3.26
dim 11	01:44	9.55	60	14:22	9.17	58	08:49	2.92	21:16	3.43
lun 12	02:53	9.33	57	15:33	9.12	57	09:51	3.05	22:23	3.39
mar 13	04:05	9.35	58	16:42	9.30	60	10:55	3.03	23:29	3.20
mer 14	05:11	9.56	62	17:43	9.63	64	11:59	2.89	--	---
jeu 15	06:10	9.83	66	18:38	9.97	68	00:32	2.93	12:59	2.71
ven 16	07:03	10.06	70	19:26	10.24	71	01:29	2.69	13:52	2.56
sam 17	07:51	10.2	72	20:09	10.41	73	02:20	2.51	14:38	2.48
dim 18	08:34	10.24	74	20:47	10.48	74	03:04	2.42	15:19	2.47
lun 19	09:13	10.22	74	21:24	10.46	73	03:44	2.39	15:56	2.52
mar 20	09:50	10.14	72	21:59	10.35	70	04:20	2.44	16:30	2.63
mer 21	10:26	9.97	69	22:34	10.14	66	04:55	2.56	17:02	2.81
jeu 22	11:02	9.73	64	23:09	9.84	61	05:27	2.77	17:34	3.05
ven 23	11:36	9.42	58	23:43	9.50	56	05:59	3.04	18:07	3.32
sam 24	--	---	---	12:11	9.10	53	06:33	3.32	18:44	3.60
dim 25	00:19	9.16	50	12:50	8.81	47	07:11	3.58	19:27	3.86
lun 26	01:03	8.86	45	13:38	8.59	43	07:57	3.81	20:19	4.05
mar 27	01:57	8.65	42	14:38	8.50	41	08:51	3.94	21:22	4.11
mer 28	03:02	8.59	42	15:45	8.62	43	09:56	3.94	22:32	3.97
jeu 29	04:11	8.75	46	16:52	8.97	49	11:06	3.75	23:41	3.62
ven 30	05:16	9.11	53	17:54	9.47	58	--	---	12:13	3.39

DATE	PLEINE MER & COEFFICIENT						BASSE MER			
	MATIN	Hauteur	Coef.	SOIR	Hauteur	Coef.	MATIN	Hauteur	SOIR	Hauteur
sam 1	06:17	9.59	62	18:50	10.03	67	00:44	3.12	13:14	2.94
dim 2	07:14	10.08	72	19:42	10.55	77	01:42	2.60	14:10	2.51
lun 3	08:09	10.52	81	20:33	10.98	85	02:37	2.13	15:03	2.14
mar 4	09:01	10.86	88	21:22	11.29	90	03:31	1.73	15:54	1.87
mer 5	09:51	11.05	92	22:10	11.42	93	04:24	1.45	16:45	1.73
jeu 6	10:40	11.07	93	22:57	11.36	92	05:15	1.31	17:34	1.73
ven 7	11:27	10.91	89	23:44	11.11	86	06:04	1.35	18:21	1.90
sam 8	--	---	---	12:12	10.58	83	06:51	1.59	19:07	2.22
dim 9	00:30	10.70	78	12:58	10.15	74	07:37	1.99	19:53	2.63
lun 10	01:19	10.19	69	13:47	9.68	64	08:22	2.49	20:42	3.07
mar 11	02:13	9.66	59	14:45	9.26	56	09:11	2.98	21:38	3.45
mer 12	03:17	9.22	53	15:54	9.00	51	10:08	3.38	22:44	3.66
jeu 13	04:31	9.00	50	17:09	9.03	51	11:14	3.58	23:57	3.64
ven 14	05:44	9.05	52	18:16	9.29	54	--	---	12:25	3.54
sam 15	06:47	9.29	57	19:12	9.64	60	01:05	3.41	13:28	3.33
dim 16	07:40	9.57	62	19:57	9.95	65	02:02	3.11	14:19	3.09
lun 17	08:24	9.82	67	20:36	10.18	69	02:49	2.86	15:02	2.89
mar 18	09:02	10.01	71	21:11	10.35	72	03:29	2.66	15:41	2.73
mer 19	09:36	10.14	73	21:45	10.45	73	04:06	2.53	16:16	2.61
jeu 20	10:10	10.2	73	22:17	10.46	73	04:40	2.45	16:49	2.56
ven 21	10:42	10.17	72	22:49	10.38	71	05:12	2.45	17:19	2.58
sam 22	11:13	10.05	69	23:20	10.19	67	05:42	2.53	17:49	2.68
dim 23	11:43	9.83	65	23:50	9.92	62	06:12	2.70	18:21	2.89
lun 24	--	---	---	12:15	9.56	59	06:43	2.96	18:55	3.19
mar 25	00:25	9.57	56	12:52	9.23	52	07:17	3.29	19:33	3.55
mer 26	01:06	9.18	49	13:38	8.91	46	07:57	3.64	20:23	3.90
jeu 27	02:00	8.80	44	14:39	8.65	42	08:50	3.97	21:29	4.13
ven 28	03:11	8.58	42	15:57	8.64	43	10:03	4.14	22:51	4.06
sam 29	04:34	8.67	45	17:20	8.99	50	11:30	3.96	--	---
dim 30	05:54	9.13	55	18:31	9.63	62	00:14	3.59	12:49	3.44
lun 31	07:02	9.78	68	19:31	10.38	75	01:23	2.90	13:54	2.77

DATE	PLEINE MER & COEFFICIENT						BASSE MER			
	MATIN	Hauteur	Coef.	SOIR	Hauteur	Coef.	MATIN	Hauteur	SOIR	Hauteur
mar 1	08:01	10.47	82	20:25	11.07	88	02:24	2.17	14:52	2.15
mer 2	08:54	11.06	93	21:15	11.63	98	03:21	1.54	15:47	1.63
jeu 3	09:44	11.47	102	22:01	11.96	104	04:16	1.04	16:38	1.27
ven 4	10:29	11.65	104	22:45	12.01	104	05:07	0.76	17:25	1.13
sam 5	11:10	11.55	101	23:26	11.77	97	05:52	0.76	18:07	1.26
dim 6	11:50	11.19	92	--	---	---	06:33	1.07	18:45	1.66
lun 7	00:06	11.25	86	12:28	10.63	79	07:10	1.66	19:22	2.28
mar 8	00:47	10.53	72	13:09	9.94	64	07:46	2.41	20:02	3.01
mer 9	01:33	9.68	57	13:59	9.21	50	08:26	3.21	20:52	3.73
jeu 10	02:33	8.85	44	15:08	8.59	40	09:19	3.91	22:02	4.25
ven 11	03:57	8.32	38	16:42	8.41	39	10:33	4.33	23:33	4.31
sam 12	05:30	8.36	41	18:04	8.76	45	--	---	12:03	4.27
dim 13	06:39	8.82	49	19:02	9.31	54	00:55	3.90	13:16	3.82
lun 14	07:31	9.35	59	19:46	9.81	63	01:52	3.37	14:08	3.31
mar 15	08:11	9.82	67	20:22	10.22	70	02:37	2.90	14:50	2.88
mer 16	08:45	10.19	74	20:54	10.55	76	03:15	2.55	15:27	2.54
jeu 17	09:16	10.45	78	21:25	10.78	80	03:50	2.28	16:01	2.29
ven 18	09:47	10.63	81	21:55	10.92	81	04:23	2.10	16:31	2.12
sam 19	10:16	10.69	81	22:24	10.93	80	04:52	2.01	16:59	2.06
dim 20	10:45	10.64	79	22:53	10.79	77	05:19	2.03	17:27	2.13
lun 21	11:12	10.46	74	23:20	10.49	71	05:46	2.20	17:56	2.36
mar 22	11:40	10.15	68	23:49	10.06	64	06:13	2.53	18:25	2.75
mer 23	--	---	---	12:11	9.71	59	06:40	2.98	18:57	3.26
jeu 24	00:26	9.51	54	12:49	9.19	49	07:13	3.52	19:40	3.82
ven 25	01:13	8.90	44	13:46	8.65	40	08:02	4.08	20:45	4.30
sam 26	02:24	8.37	37	15:15	8.31	37	09:19	4.49	22:17	4.41
dim 27	04:11	8.27	40	17:07	8.63	45	11:04	4.40	23:59	3.87
lun 28	05:49	8.88	52	18:24	9.50	61	--	---	12:38	3.67
mar 29	06:56	9.80	70	19:22	10.5	79	01:13	2.91	13:44	2.74
mer 30	07:52	10.72	87	20:13	11.4	95	02:14	1.95	14:41	1.89
jeu 31	08:41	11.47	102	21:00	12.08	107	03:09	1.16	15:34	1.23

DATE	PLEINE MER & COEFFICIENT						BASSE MER			
	MATIN	Hauteur	Coef.	SOIR	Hauteur	Coef.	MATIN	Hauteur	SOIR	Hauteur
ven 1	09:25	11.95	110	21:43	12.44	112	04:02	0.61	16:23	0.81
sam 2	10:06	12.11	112	22:23	12.45	110	04:49	0.37	17:06	0.70
dim 3	10:44	11.96	107	23:01	12.1	101	05:29	0.49	17:43	0.93
lun 4	11:19	11.51	95	23:37	11.42	87	06:05	0.97	18:17	1.48
mar 5	11:55	10.81	79	--	---	---	06:36	1.73	18:48	2.27
mer 6	00:14	10.49	70	12:31	9.94	61	07:05	2.64	19:22	3.19
jeu 7	00:56	9.42	52	13:16	9.01	44	07:39	3.60	20:07	4.10
ven 8	01:53	8.38	37	14:27	8.18	32	08:29	4.46	21:22	4.78
sam 9	03:34	7.74	30	16:24	7.94	31	09:55	4.99	23:19	4.80
dim 10	05:22	7.95	35	17:53	8.44	41	11:55	4.75	--	---
lun 11	06:28	8.63	47	18:45	9.14	53	00:45	4.14	13:05	4.01
mar 12	07:11	9.35	59	19:24	9.81	64	01:35	3.40	13:51	3.27
mer 13	07:46	9.97	69	19:57	10.36	73	02:15	2.78	14:29	2.68
jeu 14	08:18	10.46	77	20:28	10.8	80	02:52	2.31	15:04	2.24
ven 15	08:48	10.8	83	20:59	11.11	85	03:26	1.97	15:37	1.95
sam 16	09:18	11.02	86	21:29	11.27	87	03:58	1.77	16:08	1.78
dim 17	09:47	11.11	87	21:57	11.29	87	04:26	1.69	16:35	1.73
lun 18	10:14	11.08	85	22:24	11.13	83	04:53	1.74	17:03	1.83
mar 19	10:41	10.89	80	22:52	10.79	77	05:18	1.97	17:31	2.11
mer 20	11:08	10.52	72	23:20	10.27	67	05:44	2.37	17:59	2.58
jeu 21	11:38	9.98	62	23:56	9.60	56	06:10	2.93	18:31	3.19
ven 22	--	---	---	12:15	9.29	49	06:42	3.59	19:13	3.87
sam 23	00:43	8,83	43	13:14	8.56	38	07:32	4.28	20:22	4.45
dim 24	02:02	8.14	35	15:01	8.12	35	08:59	4.77	22:04	4.55
lun 25	04:14	8.13	39	17:05	8.62	47	10:58	4.56	23:51	3.82
mar 26	05:45	8.98	55	18:14	9.66	65	--	---	12:29	3.60
mer 27	06:44	10.04	75	19:06	10.75	84	01:02	2.72	13:30	2.54
jeu 28	07:33	11.01	92	19:53	11.66	100	01:58	1.71	14:24	1.65
ven 29	08:18	11.74	105	20:37	12.28	110	02:51	0.95	15:14	1.02
sam 30	08:59	12.14	112	21:18	12.54	112	03:39	0.53	16:00	0.70

DATE	PLEINE MER & COEFFICIENT						BASSE MER			
	MATIN	Hauteur	Coef.	SOIR	Hauteur	Coef.	MATIN	Hauteur	SOIR	Hauteur
dim 1	09:38	12.22	111	21:56	12.43	108	04:23	0.45	16:40	0.71
lun 2	10:13	11.99	104	22:32	11.96	98	05:00	0.71	17:16	1.05
mar 3	10:48	11.48	91	23:08	11.19	83	05:32	1.29	17:48	1.68
mer 4	11:22	10.73	75	23:44	10.19	66	06:01	2.09	18:18	2.53
jeu 5	11:57	9.81	57	--	---	---	06:28	3.02	18:48	3.47
ven 6	00:24	9.09	48	12:38	8.82	40	06:59	3.97	19:30	4.37
sam 7	01:19	8.07	33	13:48	7.95	28	07:46	4.83	20:41	5.05
dim 8	03:07	7.48	26	15:55	7.69	28	09:15	5.36	22:52	5.06
lun 9	04:57	7.76	32	17:23	8.19	38	11:31	5.02	--	---
mar 10	05:58	8.48	44	18:13	8.93	51	00:15	4.34	12:34	4.17
mer 11	06:38	9.25	57	18:50	9.67	63	01:01	3.54	13:16	3.35
jeu 12	07:11	9.96	68	19:23	10.32	73	01:39	2.83	13:54	2.68
ven 13	07:43	10.54	77	19:56	10.84	81	02:17	2.28	14:31	2.19
sam 14	08:15	10.95	84	20:28	11.18	86	02:53	1.91	15:06	1.88
dim 15	08:47	11.21	88	20:59	11.34	89	03:27	1.72	15:39	1.72
lun 16	09:16	11.32	89	21:29	11.35	88	03:57	1.67	16:09	1.69
mar 17	09:45	11.29	87	21:59	11.19	85	04:24	1.76	16:39	1.80
mer 18	10:14	11.09	82	22:29	10.83	78	04:52	2.02	17:10	2.10
jeu 19	10:44	10.69	73	23:01	10.27	68	05:21	2.45	17:42	2.59
ven 20	11:19	10.07	62	23:42	9.55	56	05:51	3.04	18:19	3.22
sam 21	--	---	---	12:04	9.31	50	06:29	3.73	19:08	3.88
dim 22	00:37	8,76	44	13:12	8.59	40	07:27	4.39	20:23	4.36
lun 23	02:07	8.18	38	15:02	8.31	40	09:00	4.73	22:00	4.31
mar 24	04:07	8.37	45	16:47	8.89	52	10:47	4.36	23:33	3.58
mer 25	05:25	9.21	60	17:50	9.85	69	--	---	12:08	3.44
jeu 26	06:20	10.18	77	18:42	10.8	85	00:40	2.61	13:07	2.49
ven 27	07:07	11.02	91	19:28	11.55	97	01:35	1.77	14:00	1.74
sam 28	07:51	11.61	101	20:11	12	103	02:25	1.21	14:48	1.27
dim 29	07:31	11.9	104	19:52	12.12	104	02:12	0.96	14:33	1.08
lun 30	08:09	11.92	102	20:30	11.93	99	02:53	1.00	15:13	1.18
mar 31	08:45	11.68	95	21:08	11.45	90	03:29	1.32	15:49	1.52

DATE	PLEINE MER & COEFFICIENT						BASSE MER			
	MATIN	Hauteur	Coef.	SOIR	Hauteur	Coef.	MATIN	Hauteur	SOIR	Hauteur
mer 1	09:20	11.21	84	21:44	10.75	78	04:02	1.85	16:22	2.09
jeu 2	09:55	10.53	71	22:22	9.88	63	04:31	2.55	16:53	2.83
ven 3	10:31	9.70	56	23:02	8.96	49	04:59	3.34	17:25	3.62
sam 4	11:10	8.84	42	23:52	8.15	36	05:30	4.13	18:03	4.37
dim 5	--:--	---	---	12:08	8.10	31	06:15	4.83	19:02	4.93
lun 6	01:13	7.63	29	13:46	7.73	29	07:27	5.27	20:36	5.07
mar 7	02:53	7.70	31	15:19	7.99	35	09:16	5.14	22:10	4.62
mer 8	04:01	8.23	40	16:17	8.59	45	10:35	4.48	23:06	3.91
jeu 9	04:48	8.93	51	17:01	9.30	56	11:26	3.72	23:52	3.21
ven 10	05:26	9.66	62	17:40	9.98	66	--:--	---	12:09	3.04
sam 11	06:03	10.3	71	18:18	10.53	75	00:34	2.64	12:51	2.52
dim 12	06:39	10.79	79	18:55	10.91	82	01:14	2.24	13:31	2.16
lun 13	07:14	11.11	84	19:31	11.11	86	01:52	2.02	14:08	1.95
mar 14	07:48	11.27	87	20:05	11.16	87	02:26	1.94	14:44	1.87
mer 15	08:21	11.28	86	20:40	11.05	84	02:59	2.00	15:20	1.93
jeu 16	08:55	11.12	82	21:18	10.75	79	03:33	2.19	15:57	2.16
ven 17	09:33	10.76	75	21:59	10.26	71	04:09	2.55	16:38	2.55
sam 18	10:17	10.21	66	22:47	9.64	61	04:49	3.05	17:23	3.05
dim 19	11:10	9.58	56	23:47	9.04	52	05:36	3.61	18:19	3.54
lun 20	--:--	---	---	12:16	9.04	49	06:38	4.09	19:26	3.84
mar 21	01:03	8.67	48	13:42	8.85	49	07:55	4.27	20:42	3.80
mer 22	02:33	8.77	52	15:09	9.18	56	09:18	4.02	21:59	3.39
jeu 23	03:48	9.31	61	16:15	9.81	67	10:32	3.43	23:06	2.81
ven 24	04:47	9.99	72	17:11	10.47	77	11:35	2.79	--:--	---
sam 25	05:38	10.62	81	18:01	10.98	85	00:04	2.28	12:31	2.26
dim 26	06:24	11.06	88	18:48	11.27	89	00:56	1.92	13:22	1.93
lun 27	07:07	11.3	90	19:31	11.32	90	01:43	1.77	14:08	1.80
mar 28	07:46	11.33	89	20:12	11.17	87	02:25	1.82	14:49	1.86
mer 29	08:24	11.18	85	20:51	10.84	82	03:03	2.04	15:27	2.08
jeu 30	09:01	10.86	78	21:29	10.38	74	03:37	2.39	16:03	2.45

DATE	PLEINE MER & COEFFICIENT						BASSE MER			
	MATIN	Hauteur	Coef.	SOIR	Hauteur	Coef.	MATIN	Hauteur	SOIR	Hauteur
ven 1	09:38	10.4	69	22:07	9.82	64	04:09	2.85	16:36	2.94
sam 2	10:14	9.82	60	22:45	9.22	54	04:40	3.37	17:08	3.48
dim 3	10:51	9.21	50	23:24	8.66	45	05:13	3.90	17:43	4.00
lun 4	11:32	8.67	41	--:--	---	---	05:51	4.37	18:26	4.41
mar 5	00:11	8.23	38	12:26	8.29	36	06:42	4.70	19:24	4.64
mer 6	01:13	8.03	35	13:37	8.17	35	07:49	4.82	20:35	4.61
jeu 7	02:28	8.14	36	14:52	8.38	39	09:06	4.65	21:47	4.30
ven 8	03:35	8.56	43	15:55	8.84	47	10:16	4.20	22:50	3.82
sam 9	04:30	9.15	51	16:49	9.39	56	11:15	3.65	23:44	3.31
dim 10	05:18	9.77	61	17:37	9.93	65	--:--	---	12:07	3.11
lun 11	06:02	10.31	70	18:23	10.38	73	00:33	2.88	12:55	2.66
mar 12	06:45	10.74	77	19:06	10.7	80	01:18	2.55	13:40	2.32
mer 13	07:26	11.03	82	19:49	10.89	84	02:01	2.33	14:24	2.09
jeu 14	08:07	11.18	85	20:32	10.93	86	02:42	2.21	15:08	1.97
ven 15	08:49	11.18	85	21:17	10.82	84	03:25	2.22	15:54	1.99
sam 16	09:33	11.01	83	22:03	10.55	80	04:09	2.37	16:41	2.14
dim 17	10:20	10.68	77	22:51	10.17	74	04:55	2.63	17:29	2.41
lun 18	11:11	10.26	71	23:43	9.75	67	05:44	2.98	18:20	2.75
mar 19	--:--	---	---	12:06	9.83	64	06:36	3.33	19:13	3.07
mer 20	00:40	9.39	61	13:08	9.51	59	07:34	3.59	20:11	3.30
jeu 21	01:46	9.18	57	14:19	9.37	57	08:38	3.70	21:14	3.38
ven 22	02:58	9.22	57	15:32	9.48	59	09:46	3.62	22:21	3.31
sam 23	04:08	9.50	61	16:39	9.77	63	10:56	3.38	23:28	3.10
dim 24	05:10	9.89	66	17:39	10.09	69	--:--	---	12:02	3.04
lun 25	06:04	10.28	71	18:33	10.35	74	00:29	2.85	13:00	2.73
mar 26	06:52	10.56	75	19:20	10.5	77	01:21	2.65	13:50	2.52
mer 27	07:34	10.72	78	20:02	10.53	78	02:06	2.56	14:33	2.42
jeu 28	08:13	10.76	78	20:40	10.47	78	02:45	2.56	15:12	2.43
ven 29	08:49	10.68	77	21:16	10.33	75	03:21	2.64	15:49	2.53
sam 30	09:24	10.51	73	21:51	10.1	71	03:55	2.79	16:22	2.73
dim 31	09:58	10.22	68	22:24	9.79	65	04:27	3.00	16:53	3.00